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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** | **Provision KS1/2** |
| **Rother****Teacher Led** | PE is experienced through a balanced provision of structured (gym and dance) and free play environments. Children are introduced to a range of activities aimed at developing confidence, control and coordination with movement.  | 12 different schemes of work over 6 half-terms. ½ taught by class teacher, ½ taught by Aspire.Dance – 2 Gym – 2 Games – 5 Athletics – 2 Outdoor Adventure or Swimming – 1  |
| **Acorn****Year R****Aspire** | Multi-SkillsFundamentals of Movement | Multi-SkillsFundamental Movement Skills & teamwork | Multi-SkillsSending and receiving | Multi-SkillsModified invasion games | Multi-SkillsAthletic Activities – Fundamental Movement Skills | Multi-SkillsStrike, field and receive  |
| **Willow****Aspire Led** | Multi-SkillsFundamental Movement Skills & teamwork | Multi-SkillsSending and Receiving – Links to basketball | Multi-SkillsSending and receiving | Multi-SkillsModified invasion games | Multi-SkillsAthletic Activities – Fundamental Movement Skills | Multi-SkillsStrike, field and receive  |
| **Willow****Teacher led** | Gymnastics | Dance | Gymnastics | Dance | OAACompass directions | Multi-SkillsAthletic Activities – Fundamental Movement Skills |
| **Chestnut** | Athletic ActivitiesFundamental Movement Skills | Multi-SkillsSending and Receiving – Links to basketball | Strike & Field, Links to tennis | Multi-SkillsModified Invasion Games  | Athletic Activities  | Multi-SkillsStrike, Field and Receive  |
| **Chestnut****Teacher led** | Creative ActivitiesDance – In line with curriculum | Gymnastics | Creative ActivitiesDance – In line with curriculum  | Gymnastics | Multi-skillsStrike, field and receive | OAA or Swimming |
| **Rowan****Aspire Led** | Multi-skillsSending and receiving skills | Creative ActivitiesDance – In line with curriculum | Net & Wall ActivitiesLinks to tennis and netball High 5s | Invasion ActivitiesAttacking & defending | Athletic ActivitiesRunning, jumping and throwing in isolation and combination | Strike & Field ActivitiesLinks to rounders |
| **Rowan****Teacher Led** | Creative ActivitiesDance – In line with curriculum | Gymnastics | Gymnastics | OAA – Teamwork and cooperation | Strike & Field ActivitiesLinks to cricket | Athletic Activities |
| **Oak****Aspire led** | OAA - Teamwork & Co-operation | Creative ActivitiesDance – In line with curriculum | Net & Wall ActivitiesLinks to tennis and netball High 5s | Gymnastics | Athletic Activities | Strike & Field ActivitiesLinks to rounders |
| **Oak****Teacher led** | Invasion ActivitiesAttacking & defending – links to tag rugby/football | Multi-skillsSending and receiving – links to Hockey | Gymnastics  | Creative ActivitiesDance | Strike and FieldLinks to cricket | Athletics |