


Science

## Introduce Animals, including humans

Year \_\_\_\_  
Term \_\_\_\_


Animals, including humans cannot make their own food



**water**

vital for life


drink water



**vitamins  
minerals  
fibre**

keeps us healthy


fruit  
vegetables



**carbohydrates**

gives us energy


cereals and vegetables  
sugar and fat



**proteins**

helps us to grow

meat and fish  
eggs and dairy



**fats**

energy


absorb vitamins

helps nerves and brain

small amounts

human bodies have **systems** to survive




**skeleton**

frame

support

protection


movement



**respiratory**

breathing


lungs



**circulatory**

heart

blood




**digestive**

mouth

stomach

intestines

bowel




**nervous**

brain

spinal cord

nerves



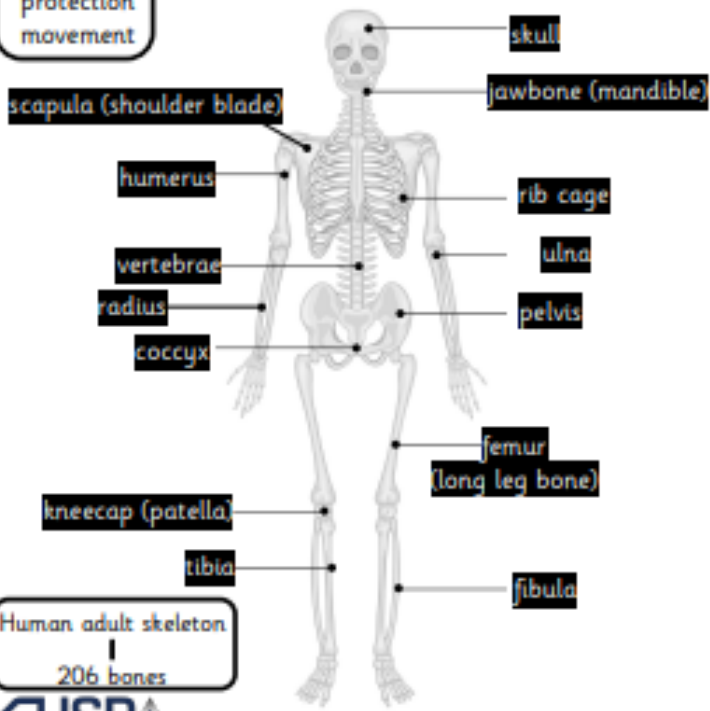
**muscle**

heart

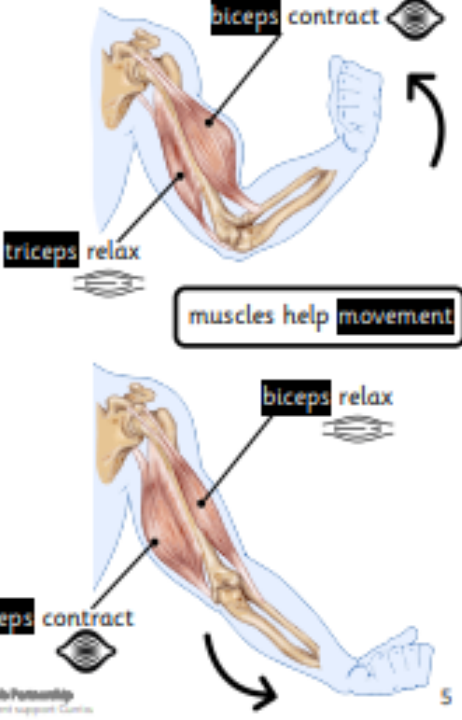
movement

digestion


  



Human adult skeleton  
206 bones



**muscles help movement**



intellectual content and design copyright © 2008 Unity Schools Partnership  
 Images used under license from Shutterstock.com / Partnership and content support Centre

5